YOUNG & HEALTHY

GOVERNANCE COMMITTEE MINUTES
11-08-2022

PRESENT: Board Members: Dana Jones, Committee Chair, Leigh Richart, Mimi Orth
Staff: Ellen Kramer

Welcome
Dana called the meeting to order at 6:00 PM on Zoom and welcomed everyone.

The Minutes from the last meeting were approved as presented.

Planning for Board Retreat
The Committee discussed a variety of topics:

- Strengthening Board Orientation. What would be helpful for new Board members to know?
- Fundraising Expectations plus tips and guidance for effective fundraising
- Presenting a suite of opportunities for Board Members to accomplish the give/get goals so that they feel more comfortable and empowered
- Develop a slate of opportunities for Board Members to engage and get to know one another better. Opportunities should speak to the members' individual interests.
    - Consider reintroducing opportunities for Board Members to accomplish tasks on the organization's behalf, such as personalizing letters.

Other topics for Governance Committee discussion:

- Possible changes to Board recruitment: timing, process, prepping board members so that they can effectively recruit new Board members

Discussion and Planning for Remaining Board Mission Moments
The committee looked ahead to the remaining Board meetings in this term. The consensus was that the Board members could benefit from more information about the programs and services that Young & Healthy delivers. For December, they would like the mission moment to focus on our tax preparation services and how these services fit within our broader mission.

Discussion of Possible Changes to the Board and Leadership Nomination Process
Nevin had planned to discuss some options at this meeting but was unable to participate. This topic was tabled until the next meeting.

Updates: Board Recruitment

The committee discussed a possible new Board member to join either this year or next. It was agreed that after the person comes to Gala, we would take them out for a meal to answer any questions they may have about the organization and board service. Nominations are presented to the board at the April board meeting.

Committee members agreed that it would be helpful to reach out to all the Committee Chairs to ask them what the important skills would be that new Board members could bring to the Board. Identifying these needs will help with Board recruitment.

It was also recommended that we look at the form that prospective Board members complete to see if we are gathering the most important and relevant information. It is important to follow up with Board members once they identify their particular skills and interests so that we can talk to them about how those skills and interests would be important to what we do at Young & Healthy.

The Executive Committee has recommended some changes to the bylaws. Will bring those to the January committee meeting.

Important Dates:

December 4, 2022, Board Retreat
December 7, 2022, Board Meeting
February 1, 2023, Board Meeting
February 4, 2023, Young & Healthy Gala at the LA Zoo

Next Governance Committee Meeting: January 17, 2023

The meeting was adjourned at 7:00 PM.