YOUNG & HEALTHY Board Affiliations 2024-2025

Kallan Arkeder, Los Angeles
Brand Marketing Manager, RAINN
- Shoes to the World, Board Member

Kimmy McAtee Bell, Alhambra
Founding Partner and Creative Strategy Director, Creative Drinking Agency

Mark Chase, Pasadena
Pastor, All Saints Church
- Pasadenans Organizing for Progress

Marjorie S. Diaz, President, Monrovia
Director, Member Services/CLE/MultiMedia at Los Angeles County Bar Association
- CASA of Los Angeles

Wende Headley, Treasurer, Pasadena
CEO and Financial Advisor, Quantum Financial Advisors

Nathan Isaacson, Los Angeles
Risk Analyst, Capital Group
- The David Labkovski Project, Member of Board of Directors

Lisa Barrios Izaguirre, Pasadena
District 3 Liaison, Pasadena City Council
- Pasadena Latino Heritage Parade and Festival Committee

Dana Goolsby Jones, Pasadena
Principal, Generation Jones Genealogy, LLC
- Junior League of Pasadena, Inc.
- La Cañada Flintridge Country Club
- St. Francis High School

Leonard Kim, MD, San Marino
Anesthesiologist, Huntington Hospital

A. Paul Kurkjian, MD, Los Angeles
Board Certified Child Psychiatrist
- Haven Neighborhood Services, Board Member
- White Memorial Hospital, Executive Board Member

Brandon D. Lamar, Pasadena
California Director/Non-Profit
- Leadership Pasadena
- Pasadena NAACP
- Pasadena Rental Housing Board
- PCC Community Bond Oversight Board
- Pasadenans Organizing for Progress

Lora McManus, Glendale
Dean of Students & Belonging, St. James Episcopal School
PK-12 Chair of Equity and Instruction, The Blake School
- Mayfield Senior School, Board of Trustees
- All Saints Church, Pasadena
- Los Angeles DEI Practitioners Cohort
- National Assoc. of Independent School Aspiring Heads Fellow
- Lora McManus Consulting, LLC consultant and founder

Mimi Orth, Secretary, Altadena
Sales/Graphic Designer
- All Saints Episcopal Church, Pasadena
- Journalism Education Association

Chelsey Overstreet, MD, Altadena
Pediatrician

Kaya Haig Plansker, Pasadena
Senior Director Training & Programs Coro Southern California
- Leadership Pasadena, Advisory Board Member
- Civitas Pasadena, Founding Member, Board Member
- Pacific Oaks College, Alum and Adjunct Professor

Angel Reyes, MPH, Azusa
Doctoral Student, Developer
- Claremont Graduate
- Community Transition Research Institute
- Healthy Policy Research Scholars

Mary Ellen McCormick Sather, MD, La Canada
Pediatrician, Huntington Health Physicians

Nancy Stiles, Altadena
Nonprofit Consultant
- Clergy Community Coalition Board Member
- First Baptist Church, Pasadena
- Stars: Illuminate, Educate, Advocate Former ED
- Friends of the Children

Ryan Swerdloff, Altadena
Marketing and Sales
- Tournament of Roses

Monique L. Thomas, Los Angeles
Diversity, Equity, and Inclusion Manager, Huntington Library
- All Saints Episcopal Church, Pasadena

Alfredo Valverde, PhD, Pasadena
Quantitative Research and Analytics Associate, Capital Group
- Ready, Set, Read! Board of Directors

Carrie S. Walker, Vice President, San Marino
Real Estate, Clinical Care Partner
- CS Arts Foundation – San Gabriel Valley, Board Co-Chair
- Georgetown University, Board of Governors Member
- Kidspace Children's Museum – Board Chair
- Las Madrinas – Board Vice President